

Soccer League Policies and Procedures – Effective September 1, 2018

1. Player Fee and Payment Structure
 - a. All soccer leagues run for 8 weeks
 - b. Per player fee
 - i. Session 1 \$80/Player
 - ii. Session 2 \$100/Player
 - iii. Session 3 \$100/Player
 - iv. Session 4 \$100/Player
 - v. Session 5 \$80/Player
 - c. **Player fee must be paid prior to first game to be eligible to play**

2. Multi Session Registration
 - a. You can register for 3 sessions up front at a per player fee of \$80 per session
 - i. If one of your sessions are either 1 or 5, that session is \$60
 - b. **\$240 is required upfront to receive multi session discount.**
 - i. Fee would be \$220 if one of the sessions are 1 or 5
 - c. You do not have to commit to a team. Once paid you will be put in the session and will be added to your team when that session begins.

3. Free Agent
 - a. Players can come in as Free Agents at the per player fee in the given session
 - b. Players will be put onto free agent roster with other players
 - c. We will try our best to accommodate all players but cannot fully guarantee participation if we do not secure enough players. If we do not have enough free agents to your fee will be refunded or credited to another league.

4. Membership
 - a. Each player on the roster must have an active membership to participate
 - b. Individual memberships are \$35, Family memberships are \$55
 - c. Memberships are good for one calendar year
 - d. As an Insports league member you will receive the following
 - i. Player Pass – must show referee player pass before start of each game. If you forget your pass you must check in at the front desk to receive a temporary clearance form that you will hand to the referee. There will be a \$10 charge for lost player passes.
 - ii. Access to Monday open play night - \$5 per member
 - iii. \$1 off Bud Light and Modelo pitchers – MUST SHOW PLAYER PASS
 - iv. \$2 off large Cheese Pizza – MUST SHOW PLAYER PASS
 - v. Access to member party held twice a year
 - vi. Member Monday Happy Hour
 - vii. Trivia nights – Monday's at 6:30pm

5. Roster Rules
 - a. Each player must have an active membership to be rostered
 - b. Rosters must be complete prior to week 3 of the season
 - c. Any player not on the roster by week 3 is ineligible to play for the session
 - d. Minimum roster size is 8 players
 - e. You can only be on and play for one roster each session – no double rostering of player at any time

6. League Age Restrictions
 - a. **Open League** – Any player over the age of 18 is eligible to participate
 - b. **Over-30** – Any player turning 30 during the calendar year is eligible to play. Each team can roster two players 25 and older per session. This would include any player under the age of 30 who is turning 30 that calendar year.
 - c. **Over-40** – Any player turning 40 during the calendar year is eligible to play. Each team can roster two players 35 and older per session. This would include any player under the age of 40 who is turning 40 that calendar year.
 - d. **Coed** – Any player over the age of 18 is eligible to participate. Each team must have a minimum of two females on the field of play always.

7. Jerseys
 - a. Each new team will receive Insports jerseys upon registering for a league.
 - b. Teams may play in their own jerseys. However, if you don't have a team jersey Insports will provide them to all **NEW** registered teams.
 - c. If you lose your jersey, a new one may be ordered for \$20 at the front desk

8. League Participation Requirement Check List
 - a. In order to play in our league, you must:
 - i. Pay League fee in full prior to first game
 - ii. Be an active member of Insports
 - iii. Sign a waiver
 - iv. Be issued a player pass

NO EXCEPTIONS! IF THE ABOVE IS NOT COMPLETE YOU CAN NOT PARTICIPATE.

9. League Communication Policy
 - a. Each league will receive an email every Monday including the following information
 - i. Previous week's scores
 - ii. Updated standings
 - iii. Important league information
 - iv. Upcoming session information
 - b. If you have any questions regarding league policies and procedures, please contact Stephen Santorella at steves@insportscenters.com

Soccer Rules

Basic Gameplay:

1. Games are 7v7, 6 field players and a goalie
2. League games consist of 2, 26-minute halves
3. There is a 2-minute half time break
4. Sneakers, turfs, or rubber cleats are permitted
5. Players are NOT permitted to play for two teams in same division
6. Absolutely no parents, friends, or family on sidelines
7. Teams must wear same color Jerseys / Insports will provide "new teams only" Team Jerseys
8. Shin guards are strongly encouraged
9. NO jewelry is permitted on person while playing
10. Glasses must be prescription
11. Substitutions are permitted on the fly
12. Subs must enter at mid field

Goalkeepers

1. Goalkeepers are not permitted to punt or drop kick the ball
2. Goalkeepers must pass the ball outside the box on goal kicks
3. The goalkeeper has 6 seconds to distribute the ball upon possession
4. The goalkeeper can distribute the ball in the air over midfield at any point in game

Free Kicks:

1. All free kicks are in-direct
2. All kick-ins must be played within 6 seconds of when ball is placed. Failure to do so could result in loss of possession
3. Any player defending a free kick must restart at least 5 yards away from the ball immediately. Anyone found in violation will receive a 2-minute caution for “delaying the restart”.
4. Any kick-in from the outside line that does not enter the field will result in a turnover
5. Any ball that touches the roof will result in an indirect free kick for the defending team from midfield

Penalties

1. NO slide tackling when attempting to win a ball against your opposition. This is a hard rule – NO EXCEPTIONS (Goalkeeper may slide at ball ONLY inside the goal area)
2. Sliding to keep possession and poses NO direct threat to any other player is permitted by the discretion of the official
3. Any fouls called for slide tackling will result in an indirect free kick

Yellow and Red Cards

1. Any player who receives a yellow card must leave the field of play for 2 minutes and that team will play a man down
 - a. The player may not re-enter the field unless
 - i. The ref has signaled them back in after the time has expired
 - ii. A goal has been scored by the opposing team
2. If the goalkeeper is given a yellow card, a field player must leave the field of play for 2 minutes
3. If a player receives 2 yellow cards in the same game, they will be shown a red card and be removed for the remainder of the game
4. The ref will review with Insports staff after the game to determine if additional punishment is necessary
5. Red cards will result in team playing a man down for 5 minutes. Once the full 5 minutes is up, another player may enter the game. Any player who is shown RED CARD must leave facility immediately.
6. Insports has a zero tolerance for any fighting, spitting, racial comments, or aggressive behavior towards another player. The ref can show up to a RED card to any player demonstrating this behavior. All cards given in games are at discretion of the Official and FIFA Laws of The Game.
7. Red cards given for fighting will result in an immediate suspension from facility for the remainder of the session. Any player who is dismissed from league for fighting must request reinstatement in writing, all reinstatements requests will be handled by the Director of Operations.

Standings: Standings can be found on our website at www.insportscenters.com . If a team notices incorrect standings, they should contact the league manager immediately.

Forfeit: If you know you will not be able to field a team, you must give Insports 24 hours’ notice. This will allow us to ATTEMPT to find a replacement team for that week. Replacement games do not count as a schedule as the team that forfeited receives the loss and the team who did not, receives a win.

There is now a 2-strike policy. If your team must forfeit a second time within one session, you will be taken off the schedule and no refunds will be given

Other reasons a team is subject to forfeit a game for any of the following infractions:

- Using a player who is not on your roster after the third week
- Failure to field a team of at least four rostered players within five minutes of the scheduled game time
- Teams will not harass officials when a forfeit is declared, or risk suspension from the league
Forfeits will go into the system as a 3-0 score (loss for forfeiting team).

Playoffs & Tiebreakers: Top 4 teams make playoffs

Tiebreaker Order

1. Head to Head
2. Goal Differential
3. Goals Against
4. Goals Scored
5. Red Cards

Player Conduct: Only the team captain may speak to an official or management about game related issues. Unsportsmanlike actions include any verbal or physical abuse directed at any player, fan, or referee (swearing, fighting, intimidation, etc.)

Suspensions: A player may be suspended from the league or any subsequent play for fighting or unsportsmanlike conduct. No refunds are given for suspended player.

Sportsmanship: The purpose of Insports Centers Leagues is to have fun. We hope that all participants keep that in mind when becoming involved. Any behavior deemed unacceptable may result in suspension and/or rejection from a game or the league. Abuse of officials, referees, and other staff will not be tolerated. Insports Centers reserves the right to remove a player from a game or a league if they are bringing down the quality of the league. Insports supports FAIR PLAY and sportsmanship and we will not tolerate fighting or players and teams acting in unsporting manner.