



Indoor Coed Softball Winter League (Last Updated 6/29/22)

***IT IS THE RESPONSIBILITY OF THE TEAM CAPTAIN TO COMMUNICATE WITH THEIR TEAM AND HELP FACILITATE PAYMENTS TOWARDS THE TEAM FEE SO THAT IT IS COMPLETED ON SCHEDULE**

Fees & Payment Structure:

- Team fee of \$1200
 - o The league will have a guaranteed 8 games (including playoffs).
- \$200 team fee deposit is required upon registration.
- \$500 more of team fee balance is due week 1 of the league.
- Final \$500 team fee balance is due week 2 of the league.
- TEAMS ARE SUBJECT TO FORFEITING GAMES IF THEY ARE NOT COMPLIANT WITH PAYMENT SCHEDULE.
- *All sales are final at Insports and refunds will not be distributed.*

Facility Rules & Policies

- Use the restrooms to change clothing or shoes. Do changes outside of the bar or playing field.
- Do not put ball bags or equipment on tables in the bar. These are for drinking and eating areas only. Pick an area in the bar and stack our bags there (under your table or against the back wall so they are out of the way).
- **NO OUTSIDE FOOD OR DRINK ALLOWED IN THE FACILITY.** Insports has a bar & grill that will have food and beverage available during and after the league games.
- You can order drinks/food from the bar and bring them down to the viewing area at field level or watch from the viewing area upstairs by the bar.
- **No food or alcoholic drinks are permitted on the actual playing field.**
- Insports has sufficient trash barrels around the facility so please help us keep the facility clean.
- The 2021 American Softball Association (ASA) slow pitch softball rules for men play will govern all players. However, league rules will take precedence.
- **No metal cleats permitted.** Sneakers, turf shoes or cleats with plastic or rubber spikes.

League Benefits

- Insports has brought on Tiffany Aldridge, a well experienced league and tournament organizer who will be assisting in creating and maintaining one of the best winter leagues around! All customers will have access to online scheduling, standings, and weekly communication.
- Bar & Grill, indoor facility with high quality turf fields, multiple viewing areas, heated turf field area in the winter.
- Insports' homerun wall (over the fence indicator) is about 250ft from home plate and the turf is the best around. Cushiony, great for sliding and an even ball bounce you can count on.

League/Game Format and Guidelines:

- The 2021 American Softball Association (ASA) slow pitch softball rules for men play will govern all players. However, league rules will take precedence.
- All teams must have a minimum of 10 players on their roster before their first game.
- Game time is forfeit time; however, a five-minute grace period may be given to a team without enough players to start the game. Providing the other team agrees. The 5 minutes will be subtracted from the game time.
- **7 innings or 55 minutes will decide the result of the game, whichever occurs first.**
- The first 4 innings will be grouped:
 - Away team will bat the top of the 1st and 2nd inning before the changeover for the home team to bat the bottom of the 1st and 2nd inning. The same format will continue for innings 3 and 4. Starting in the 5th inning, the changeovers will default to standard.
 - This will help us save time and maximize the amount of playing time per night, helping us get through 7 innings more often than not.
- 2 forfeits will result in management review and is grounds to be taken off the schedule without credit or refund.
- League will provide the official score recorded by umpire, but the home team must also keep score.
- Batters start with 1 & 1 no foul
- GAME TIMES ARE STRICT & WILL BE HEAVILY ENFORCED, please have your team ready immediately after finish of prior game as a game can start earlier/later than scheduled.
- All **playoffs games** will be limited to 7 innings or 55 minutes, unless a tie score has resulted. If the score is tied after regulation the progressive international tie breaker will be in effect until winner is determined. First extra inning is normal pitch, second extra innings goes to one pitch.
- Format : 10 players on field. Up to 12 batters.
- Homeruns are unlimited.
- Homeruns are any ball hit to the top black divider all around only above the 3rd black mark. Umpire discretion are start of game
- Maximum of 5 runs / inning per team.
- Run Rule will be in effect 15 after 3, 12 after 4 or 10 after 5
- Teams will be allowed 1 courtesy runner per inning.
- Outfielders must start play from behind a designated point/line, and may not move in front of this point/line until the ball is hit. There must be at least 3 outfielders
- All players must follow the rules of SCSL league & Insports at all times.
- Can pitch up to 6 ft. behind rubber. No fake pitches, pump faking allowed. Pitch height between 6-10ft.
- Bases are approx. 65 ft. for runner's safety. Foul ball lines marked and pointed out by umpire
- No stealing
- **NO headfirst sliding at "Home" plate**
- Everything that lands in fair play making contact anywhere besides the sidewalls is live unless it goes foul before 1st and 3rd base (same as outdoor rule)
- Ball hit off ceiling is live and can be caught
- Ball hit into players' bench is a dead ball foul
- "Infield Fly Rule" is in effect.
- If a void is created in the batting order by a player removed due to an injury, go to the next batter without an out penalty. Once an injured player has been removed from the batting order, they cannot re-enter the game.

League/Game Format and Guidelines (cont.):

- If a void in the batting order is created for any reason other than an injury and no substitution is available than an automatic out will be recorded when the player is due to bat.
- Home Team denoted by a coin flip.
- **Player warm up:** players will get a 5 minute warm up period once the previous game has ended. No hitting is allowed during warm up.
- Balls behind field obstruction on sidelines – ground rule double. Player must hold arm up to indicate a trapped ball – umpire judgment.
- If a ball goes behind an obstruction and bounces back into play, it is a live ball. Umpire judgment.
- Out of play over throws – one base from last owned.
- No one is allowed on the field, until instructed by an Insports employee. The facility may have to change over from soccer or lacrosse to softball so give them room to work. This doesn't take long, but if the guys are throwing the ball around it can interfere and/or lead to injury.

Female Participation:

- Minimum of 3 females must be rostered for each team.
- 3 females must be playing the field at all times.
- Batting order: there must be at least one female batter for every 3 batters at the plate.
 - Example lineup: MFMMFMMFMM (M-Male, F-Female) NEVER MORE THAN 2 MALES BATTING CONSECUTIVELY

Roster:

- Minimum roster size of 10
- Rosters are finalized on week 3 of each session.
 - Any player not assigned to a roster by week 3 will not be eligible to play in the league
- Individual players must play in at minimum 2 regular season games to be eligible to participate in playoff games.
- You must start and finish each game with a minimum of 8 players. Teams may pick- up players from other teams if they do not have enough to play: **any substitute player MUST BE APPROVED by the opposing team captain with Tiffany/other Insports manager prior to the start of the game with the umpire as witness.**
- No out penalty for playing with less than 10 players.
- Only registered Indoor League players can be on the field. (Must have a waiver turned in.)
- ***The spirit of borrowing players (using substitute players) is to be able to field a team in fair competition and must not be used for the purpose of winning a game. If a substitute player is used without approval of the opposing team and Insports management prior to the first pitch, the team using the substitute player is subject to forfeit.***

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Forfeits:

- A team may be awarded a forfeit if they are unable to comply with the payment schedule.
- If you are unable to field a full team for a specific game, but you give Insports a 48-hour notice, we will do our best to reschedule a game. If we are unable to find a time to reschedule the game prior to the start of playoffs, then the game will result in a forfeit.
- A team may be awarded a forfeit for using a player who is not rostered on the team following the week 3 roster deadline.
- A team may be awarded a forfeit if they fail to field a team of at least 8 players within five minutes of the scheduled game time.
- If a team receives 2 forfeits due to inability to field at least 6 players for a game, that team is subject to being taken off the remaining session schedule without a refund or credit.

Equipment:

- Any ASA approved bat is allowed for women.
- Men are required to use a wooden bat.
- We will use 12" Easton Incrediball.
- Balls will be provided. Players are required/expected to bring their own bats & gloves.

Refund Policy:

- All sales are final at Insports and refunds will not be distributed.
- Payments towards a team fee cannot be retroactively applied to a different team, program, or person.
- If a player is suspended from the league or facility due to conduct, they will not be eligible for a refund.

Sportsmanship:

- No cursing/confrontation with the umpire or other team. Fighting or Abusive Conduct will result in immediate ejection from the game with grounds for expulsion from the league. Ejected players must leave the Facility immediately.
- No spitting on fields (automatic out for team)

The goals of the Insports Adult Leagues are to have fun, meet new people, and enjoy a safe and competitive environment to continue to participate in team sports. We hope that all participants can keep this in mind while involved in any programming at Insports. Any behavior deemed unacceptable may result in suspension and/or rejection from a game or league without refund or credit. Abuse of officials, referees, and other staff will not be tolerated. Insports Centers reserves the right to remove a player from a game or league if they are negatively impacting the customer experience for other participants. Insports does not tolerate fighting. Fighting will result and in an automatic ejection from the game and in most cases ejection from the league indefinitely. *Remember that with your help, Insports can continue to grow the safe and friendly adult league culture that we are proud to provide!*

Waivers:

- Each player/person must have a signed properly filled in (readable) waiver turned in, before going on the field.
- No one is allowed on the field without a waiver on file! (Penalty – 2 games suspension)